FRONTENAC MORTGAGE INVESTMENT CORPORATION QUARTERLY PORTFOLIO DISCLOSURE AS AT MARCH 31, 2010

Distribution of Net Assets as at March 31, 2010:

	Percentage of	Carrying
	Net Assets	Value
Cash & equivalents	1.17 %	342,818
Temporary investments	4.09 %	1,200,261
Mortgages	94.43 %	27,734,574
Net accrued receivables/payables	0.31 %	94,219
Total net assets	100.00 %	29,371,872

Top 25 Holdings

The following investments represent the Corporation's twenty-five largest holdings as at March 31, 2010:

		Percentage
	Market Value	of net assets
Various private mortgages	27,734,574	94.43 %
RBC Premium Money Market Fund Cash	1,200,261	4.09 %
Cash	342,818	1.17 %

The actual holdings may change following this date due to on-going portfolio transactions in the Corporation. A quarterly update is available.

A Quarterly Portfolio Disclosure may be obtained by contacting the Corporate Secretary of Frontenac Mortgage Investment Corporation by telephone toll-free at (877) 279-2116 extension 104 or by mail at: Frontenac Mortgage Investment Corporation, The Simonett Building, 14216 Road 38, Sharbot Lake, Ontario, K0H 2P0.