FRONTENAC MORTGAGE INVESTMENT CORPORATION QUARTERLY PORTFOLIO DISCLOSURE AS AT SEPTEMBER 30, 2010

Distribution of Net Assets as at September 30, 2010:

	Percentage of	Carrying
	Net Assets	Value
Cash & equivalents	2.75 %	858,409
Temporary investments	6.15 %	1,922,335
Mortgages	90.56 %	28,288,385
Net accrued receivables/payables	0.54 %	166,750
Total net assets	100.00 %	31,235,879

Top 25 Holdings

The following investments represent the Corporation's twenty-five largest holdings as at September 30, 2010:

		Percentage
	Market Value	of net assets
Various private mortgages	28,288,385	90.56 %
RBC Premium Money Market Fund Cash	1,922,335	6.15 %
Cash	858,409	2.75 %

The actual holdings may change following this date due to on-going portfolio transactions in the Corporation. A quarterly update is available.

A Quarterly Portfolio Disclosure may be obtained by contacting the Corporate Secretary of Frontenac Mortgage Investment Corporation by telephone toll-free at (877) 279-2116 extension 104 or by mail at: Frontenac Mortgage Investment Corporation, The Simonett Building, 14216 Road 38, Sharbot Lake, Ontario, K0H 2P0.