

FRONTENAC MORTGAGE INVESTMENT CORPORATION
QUARTERLY PORTFOLIO DISCLOSURE
AS AT SEPTEMBER 30, 2009

Distribution of Net Assets as at September 30, 2009:

	Percentage of Net Assets	Carrying Value
Cash & equivalents	0.71%	197,099
Temporary investments	11.12%	3,079,800
Mortgages	88.27%	24,448,809
Net accrued receivables/payables	(0.10%)	(29,271)
Total net assets	100.00%	27,696,437

Top 25 Holdings

The following investments represent the Corporation's twenty-five largest holdings as at September 30, 2009:

	Market Value	Percentage of net assets
Various private mortgages	24,448,809	88.27%
RBC Premium Money Market Fund Cash	3,079,800	11.12%
Cash	197,099	0.71%

The actual holdings may change following this date due to on-going portfolio transactions in the Corporation. A quarterly update is available.

A Quarterly Portfolio Disclosure may be obtained by contacting the Corporate Secretary of Frontenac Mortgage Investment Corporation by telephone toll-free at (877) 279-2116 extension 104 or by mail at: Frontenac Mortgage Investment Corporation, The Simonett Building, 14216 Road 38, Sharbot Lake, Ontario, K0H 2P0.